

Packing List

Sleeping Supplies

- Twin air mattress or sleeping pad
- Fitted sheet
- Blanket and/or sleeping bag
- Pillow

Toiletries/ Shower Supplies

- Shampoo
- Conditioner
- Body wash
- Feminine products
- Shaving products
- Face wash
- Shower towels
- Shower shoes
- Sunscreen
- Toothbrush and toothpaste
- Hairbrush

Forms Needed:

- FSM Medical Form(if not already on file)

Clothing

- 1 pair of close-toed shoes you can get dirty (this includes paint, dirt, etc.)
- 4 pairs of clothes you can get dirty (this includes paint, dirt, etc.)
- 6 pairs of clothes for worship and dinner each night
- Undergarments
- Casual shoes
- Jacket
- PJ's (p.s. church ac is very cold)

(see dress code below)

Etc.

- Bible
- Flashlight
- Insect repellent
- Shower shoes
- Snacks
- Water Bottle
- Small bag or daypack
- Medications
- Notebook
- Pencil/pen
- Phone Charger
- Bathing Suit
- Outdoor towel
- Face Masks!
- Hand Sanitizer

DRESS CODE

WHY IS THERE A DRESS CODE?

We will be working hard serving in the community so it is best to wear old, comfortable, and modest clothes that you don't mind sweating in! Please understand there may be different cultural norms in the community you are visiting for one week. While certain clothing may be acceptable to you, it might not be appropriate for the mission trip.

You may be serving on a trip with other youth groups too. This is one of our favorite things about serving on mission trips! There can be a unique opportunity to meet other youth groups from all across the country! We serve with churches from many different denominations, with a variety of backgrounds, traditions, cultures, and preferences.

Don't like the idea of a dress code? We get it! Remember this one week trip is a special opportunity to get outside your comfort zone, serve, and learn. If you have any questions, we are here to help! You may contact our office at missions@nextstepministries.com.

CLOTHES TO BRING ON THE TRIP

Work Shoes: An old pair of tennis shoes will work well! It's great to wear work boots if you have them, but they are not required. Come prepared to wear closed-toe shoes for the work day. You can wear sandals or other comfortable shoes at night.

Longer Shorts or Pants: Please bring longer shorts that are about mid-thigh in length to wear while serving during the day. To check, let your arms fall to your side and see where your fingertips land. If your fingertips are touching skin and longer than your shorts, please bring a different pair. It's a good idea to bring at least one pair of long pants in case you feel more comfortable wearing jeans at your worksite.

Shirts with Sleeves: Bring along some old t-shirts that you don't mind getting dirty on the trip! You can bring short and/or long sleeve shirts.

Loose-Fitting Clothes: You will be working hard during the trip! Bring clothes that you will feel comfortable serving in.

Swimwear: Guys, please follow the shorts policy listed above. Girls, please bring a one-piece swimsuit or wear a shirt over your two-piece swimsuit.

CLOTHES NOT TO BRING ON THE TRIP

1. Tank tops or sleeveless shirts
2. Short shorts
3. Tight fitting clothing (spandex and yoga pants not allowed)